

Lesson 6 (7/5): Matthew 11:16-19, 25-30 — Rest for the Weary

Scripture Focus

Jesus contrasts the stubbornness of those who reject God's message with the openness of those who receive it. He then extends one of Scripture's most comforting invitations: "Come to me, all you who are weary and burdened."

Read the verse(s) aloud

Memorable quotes/notes:

Historical / Linguistic Context

- Jesus compares His generation to children who refuse to participate regardless of what is offered to them. Neither John the Baptist's strictness nor Jesus' fellowship pleased them.
- The "wise and learned" likely refers to those confident in their own understanding and status.
- A yoke was a wooden harness placed on animals for work. Rabbis sometimes used "yoke" as a metaphor for their teaching. Jesus' yoke is not the absence of responsibility; it is the invitation to carry life's burdens alongside Him rather than alone.

Discussion Questions

1. What kinds of burdens do people commonly carry today?
2. Why is accepting help often harder than offering help?
3. Some people hesitate to commit to service because they already feel overwhelmed. How does Jesus' promise of rest speak into that reality?
4. When have you experienced God's strength during a difficult season?

CLOSING PRAYER